CVV Connect
WHERE KNOWLEDGE MEETS WISDOM

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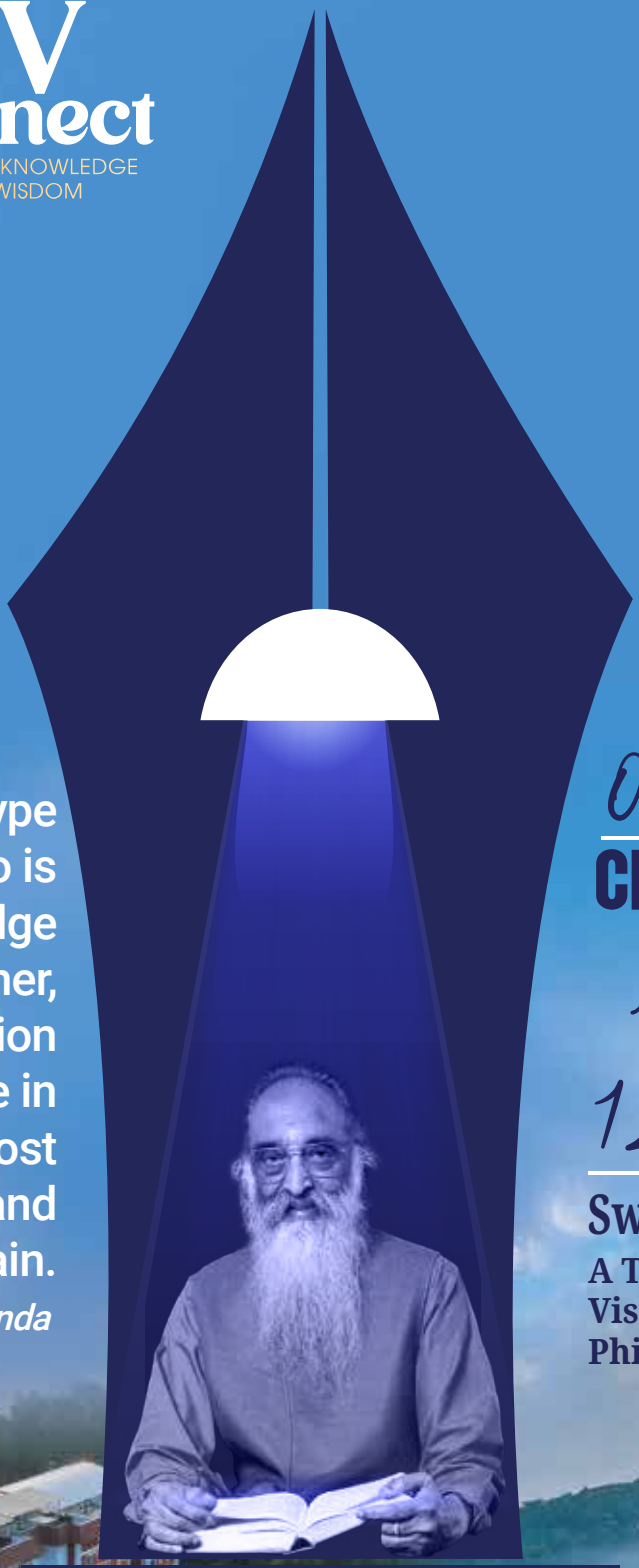


When the right type of student, one who is fit for the knowledge meets a true teacher, the transformation that takes place in the student is almost miraculous and certain.

- Swami Chinmayananda

04
Chinmaya *An Emotion*

12
Swami Chinmayananda
A Transformative Visionary of Indian Philosophy and Education



MESSAGE *from* VICE CHANCELLOR

Dear CVV Family Members,

Hari Om! Salutations!

This month carries a special fragrance of reverence and reflection as we commemorate the birth anniversary of Pujya Gurudev Swami Chinmayananda, the visionary whose life and teachings continue to illuminate our path. Gurudev was not just a spiritual master, but a nation-builder who envisioned an education system rooted in values and wisdom. At Chinmaya Vishwa Vidyapeeth, every endeavour is a humble offering to fulfill his timeless vision.

Even as we immerse ourselves in this sacred remembrance, the University remains active on several fronts. Our students are currently undergoing their semester examinations, and we extend our best wishes and support to each of them as they strive toward academic excellence. In parallel, we are diligently preparing for the upcoming NAAC peer team visit, a crucial milestone that will shape the future trajectory of our institution. I urge every member of our CVV family to offer their wholehearted cooperation and commitment to ensure we present our best.

At the same time, our admission efforts are in full swing, welcoming a new generation of learners into the Chinmaya fold. I encourage all departments, faculty, and staff to actively participate in this important phase, sharing the uniqueness of CVV's value-based education with prospective students and families.

Let us remain anchored in the spirit of Seva (selfless service) and Shraddha (faith), drawing strength from Gurudev's inspiring words:

"Children are not vessels to be filled but lamps to be lit."

May we continue to light such lamps, one student at a time.

Warm regards,

Prof. Ajay Kapoor
Vice Chancellor
Chinmaya Vishwa Vidyapeeth



INSIDE

06



13



05



16



Chinmaya - An Emotion 04

Research Session - Research Publishing: Destinations and Routes 05

Career Workshop Series 11 - Microsoft Excel Training 05

Industrial IoT Workshop 06

CVV Campus Placement Drive For 2025 Batch 07

A Shining Act of Integrity by Our Students 11

CVV Student Ms. Anitta Biju Presented a Paper at an International Conference 11

Swami Chinmayananda- A Transformative Visionary of Indian Philosophy and Education 12

'Veins of Fire and Hearts of Light: Swami Chinmayananda's Legacy for India's Youth' 17

Invited Speech at a National Conference 17

Green Campus Initiative and Vegetable Cultivation 18

Enchanting Princess 20

Excise Officials Conduct Drug Awareness Session at CVV 21

Pre-PhD Presentation of Mr. Narayan Baban Shete 21

പ്രിയ കലാലയമേ 22

Chinmaya An Emotion

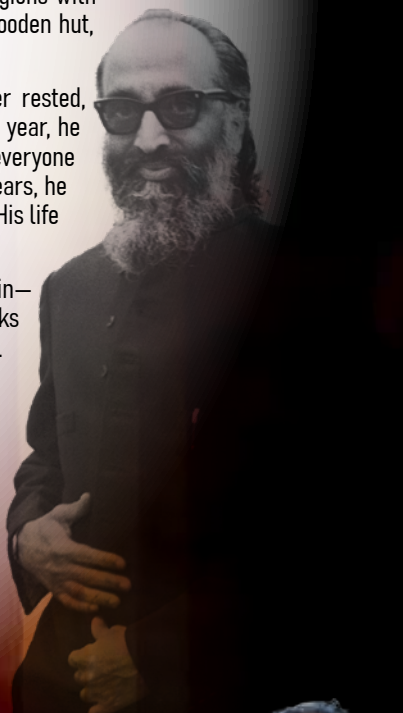


Chinmaya is not just a name—it is an emotion, a feeling of unity. Every time we come together to work on a project, this feeling of oneness emerges strongly. Last year, we celebrated Chinmaya Sankaram. This year, Chinmaya Yuva Kendra marks its **50th anniversary**. Next year, the 75th year of Chinmaya Mission will be celebrated. People from across the country and the world have come together to make these events possible. Many of them are strangers to us; we don't speak the same language, yet we work in harmony.

In moments of reflection, we might ask ourselves, *"What drives them to work tirelessly, day and night? What makes them so excited to give their energy and time for this cause?"* What love do they have for Gurudev? What inspired such devotion? Is it sheer madness, an unshakable faith, or something beyond words? For an outsider, such dedication may seem incomprehensible.

To some, Swami Chinmayananda might appear as a self-made "human God," someone who amassed fame through his eloquence and established many institutions as his legacy. People might see him as a charismatic figure who drew people to his realm of spiritual thought, lived what they perceive as a life of luxury—traveled in airplanes, driven in luxurious cars, and tasted cuisines from around the world—all while delivering Vedanta, which they dismiss as irrelevant.

But this perception is far from the truth. The world often overlooks the struggles behind greatness. Swami Chinmayananda endured hardships that most of us cannot imagine. To learn Vedanta, he walked barefoot through the icy terrains from Rishikesh to Gangotri and Uttarkashi. These were high-altitude regions with harsh conditions—low oxygen levels, landslides, and no proper roads. He spent years in a tiny wooden hut, sacrificing the comforts of food, clothing, and material life for higher pursuits.



Once he became Swami Chinmayananda, he committed his entire life to his vision. He never rested, traveling across the globe tirelessly to spread knowledge and serve humanity. Every day of the year, he gave talks, wrote letters, and visited ashrams, schools, centers and many places. He embraced everyone as family—a father, a guru, a friend. Even when his heart functioned at only 20% in his final years, he continued to deliver lectures, often standing for hours on stage after arriving in a wheelchair. His life was a testament to dedication, love, and service.

In comparison, we sit in air-conditioned rooms, travel in comfortable cars, and yet we complain—about food, shelter, or exhaustion. We see ourselves as workers, simply completing tasks assigned to us. But when we align with His Vision and Our Mission, the work transforms. It becomes a joy, a duty we embrace willingly—much like the soldiers who protect our Nation.



Let us remember: *Service to our country is service to the Lord of Lords, and devotion to people is devotion to the supreme Self.* As we work tirelessly, we are not just contributing to an event; we are laying the foundation for a better future—one driven by love, purpose, and unwavering faith.





V.J. Renjith
Graphic Designer
Media Team, CVV

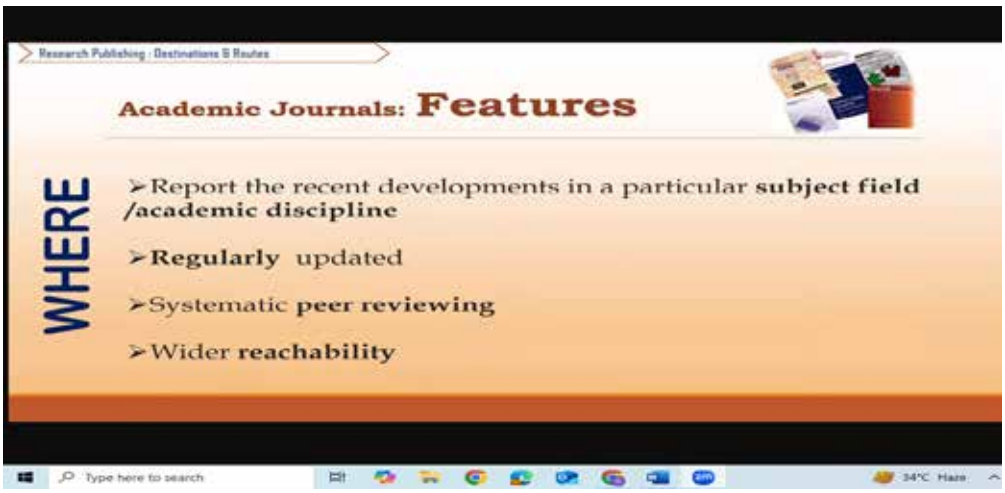
Research Session - Research Publishing: Destinations and Routes

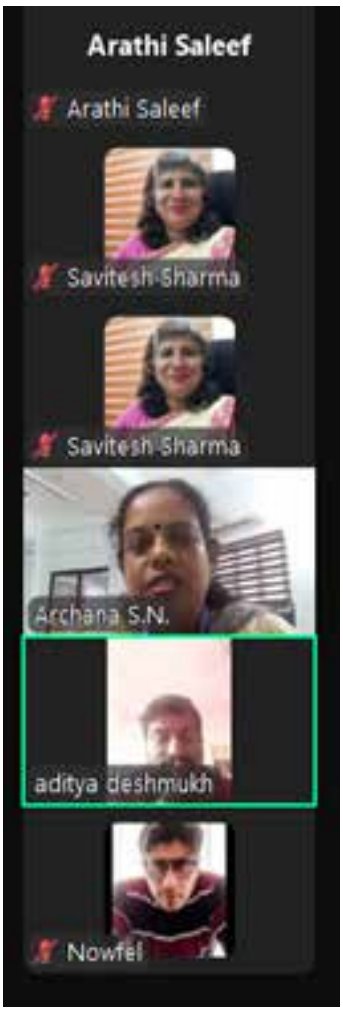
The **Research and Development Cell (RDC)** organised an online research session for PhD scholars, titled 'Research Publishing: Destinations and Routes' on 5th April 2025 from 2 pm to 4 pm.

Dr Savitesh M Sharma, Director, RDC, in her brief introduction of the session, said that the act of publishing is not just about career advancement, it's about contributing to collective knowledge, sparking new ideas, and building bridges between disciplines, institutions, and cultures.

Dr Archana S N, Assistant Librarian, CUSAT, explained in detail the importance of research publishing, and 'Why? Where? How?' to publish. She also spoke on the post-publishing scenario and different publishing opportunities available online. She also spoke on the 'threats' on the website that they should beware of.

The scholars actively participated in the session. Ms. Arathi Saleef, PhD scholar, School of LLS, anchored the programme.





Career Workshop Series 11 - Microsoft Excel Training

The CVV Placement Cell held an online Microsoft Excel Training Program for MBA students on Friday, 4th April 2025, followed by an in-person session on Saturday, 5th April 2025, at the Onakkoor facility.

Sri Sandeep V.S., a Senior Trainer and Co-founder of Pragmatix Learning Edutech Pvt Ltd served as the resource person for the programme. Students participated in group activities throughout and after the session, completed individual assignments, and completed follow-up tasks.



Industrial IoT Workshop



The Robotics and Automation Club at CVV-IST, in collaboration with IIC, IEDC, IEEE, and supported by Entuple Technologies organised an Industrial IoT Workshop on 03 April 2025 at the Lalita Pratishtanam facility in Onakkoor. The workshop aimed to introduce students to the fundamentals of IoT and its industrial applications. 55 students attended the session, eager to explore the role of IoT in modern industries.

The event commenced with a welcome address by Amrutha S. Nair (first year B.Tech. Cyber Security), followed by the presidential address by Dr Savitesh M. Sharma (President, IIC), who highlighted the significance of IoT in automation, manufacturing, and smart industries.

The technical session was conducted by Mr. Vikas Gowda D V, an IoT Application Engineer from Entuple Technologies, Bengaluru. His session provided a comprehensive overview of IoT, covering topics such as:

- Introduction to IoT and Industrial IoT
- Overview of tru-IoT and IoT Lab setup
- Digital Thread & Digital Twin concepts
- Industrial IoT Software Solutions
- Augmented Reality in IoT applications

Mr. Vikas shared real-world case studies and practical insights, demonstrating how IoT is revolutionising industries through automation, predictive maintenance, and data-driven decision-making. The interactive session allowed students to ask questions, discuss innovative applications, and gain clarity on IoT career prospects.

Dr Savitesh M. Sharma presented a memento of gratitude to Mr. Vikas Gowda D V for his expertise and valuable insights. Students later shared their feedback, expressing how the session helped them understand IoT fundamentals, industry trends, and practical applications. The event concluded with a vote of thanks by Sona Monichen (first year B.Tech. CSE).











The workshop successfully bridged the gap between theory and practice, equipping students with essential knowledge and inspiring them to explore IoT-driven innovations in the future.

CVV Campus Placement Drive For 2025 Batch

The Placement Cell at CVV organised a Campus Placement Drive from 12 to 14 December 2024, specifically for the graduating 2025 batch who registered with the Cell. A Phase II Drive followed between January and April 2025, introducing more companies to the process. This drive drew in recruiters from various fields, including advertising, sales, marketing, digital marketing, and administration, generating job prospects for graduates and postgraduates in BCom, BBA, BSc in Applied Psychology, and MSc in Applied Psychology. The Placement Cell also offered personalised support through resume reviews and interview scheduling to streamline the campus placement process.

The Placement Preparedness Training Programme was held in partnership with Pragmatix Learning Edu Tech on 14, 15, 16, 22, and 23 October 2024, to prepare students for the campus placement drives. This training included sessions on Career Guidance, Quantitative Aptitude and Logical Reasoning, Resume Building, Group Discussions, Personal Interview Preparation, and Communication Skills. The CVV Placement Cell's Career Workshop Series further offers students chances to engage with industry experts and career coaches, improving their skills and boosting their confidence.

Summary

Programme	Total student strength	No. of Students Who Opted for Placements	No. of Students Who Opted for Higher Education	No. of Students Who Opted for Entrepreneurship/ Remarks
BBA	22	11	11	1 has opted for both entrepreneurship and placement.
BCom ACCA	74	42	32	Nil
BSc Applied Psychology	38	5	33	Nil
MSc Applied Psychology	25	4	21	Nil
MSc Clinical Psychology	8	0	8	Nil
Integrated BEd	10	7	3	Nil
TOTAL	177	69	108	1

Summary status of the placement registered students of the 2025 outgoing batch

Programme	Number of students registered in the beginning	Transition to Higher Education/ Waiting for ACCA Completion	The number of students who participated in the Placement Drive 2025
BBA	11	6 (shifted MBA & other PG studies)	5 (5 participated and 4 received offer letters, 1 inthe pipeline)
BCom ACCA	42	32 (Waiting for ACCA completion; will be part of the Dec 2025 Campus Placement Drive)	10 (participated and received offer letters)
BSc Applied Psychology	5	4 (shifted to PG studies)	1 (participated and received an offer letter)
MSc Applied Psychology	4	2 (shifted to MPhil studies)	2 (participated and received offer letters)
MSc Clinical Psychology	8	8 (shifted to MPhil/ Research) studies	Nil
Integrated BEd	7	7 (shifted to Higher Education)	Nil
TOTAL	77	59	18 (18 participated and 17 received offer letters, 1 in the pipeline)

List of the selected students (Recruiter Wise)

(1) Caasdi Global, Delhi

CRM company specialising in task management, forecasting, analytics, and comprehensive project support.

Student Name	Program	Position	Salary Package
AashuKumar Choudhary	BBA	Client Acquisition Strategist	4 LPA

(2) Northstar Edtech Pvt. Ltd., Bengaluru

A premier edtech institution for Commerce and Finance offers on-the-job projects for the CMA, ACCA, CA, and CPA courses.

Student Name	Program	Position	Salary Package
AashuKumar Choudhary	BBA	Business Development Associate	3.75 LPA
Temo Abraham Jose	B.Com. ACCA	Business Development Associate	3.25 LPA
Janet Elza Varughes	B.Com. ACCA	Business Development Associate	3.25 LPA
Lekshmi R Nair	B.Com. ACCA	Business Development Associate	3.25 LPA
Parvathy VJ	B.Com. ACCA	Business Development Associate	3.25 LPA
Malavika Vinod	B.Com. ACCA	Business Development Associate	3.25 LPA
Gauri P Menon	B.Com. ACCA	Business Development Associate	3.25 LPA
Sharon Susan	BBA	HR/Recruitment	2.6 LPA
Aahron Antony	BSc (Hons.) Applied Psychology	HR/Recruitment	2.6 LPA
Anami Arun	B.Com. ACCA	Accounts Trainee	2.6 LPA
Dharini N	BBA	Digital Marketing Trainee	2.6 LPA















(3) HNA & Co LLP, Kochi

Chartered Accountant firm: expert professionals in indirect taxation and related laws, audit and review in IDT, strategic assessments, and legal and consulting expertise.

Student Name	Program	Position	Salary Package
Anami Arun	B.Com. ACCA	Audit Trainee	3 – 4 LPA
Parvathy V J	B.Com. ACCA	Audit Trainee	3 – 4 LPA
Malavika Vinod	B.Com. ACCA	Audit Trainee	3 – 4 LPA

(4) Skywings Advisors Private Limited, Delhi

Headquartered in New Delhi, it is a leading player in the recruitment industry. Recruitment disciplines encompass Legal, Finance, IT, Sales and Marketing, Industrial and Warehouse, Construction, and E-Commerce.

Student Name	Program	Position	Salary Package
Sai Priya S	M.Sc. Applied Psychology	Talent Acquisition Trainee	2.72 LPA
Kavya Sohan	BBA	Talent Acquisition Trainee	2.72 LPA
Aahron Antony	B.Sc. (Hons.) Applied Psychology	Talent Acquisition Trainee	2.72 LPA

(5) Skywings Advisors Private Limited (Phase II Interviews)

Student Name	Program	Position	Salary Package
Ayush Anand	BBA	Talent Acquisition Trainee	2.72 LPA
Janet Elza Varughese	B.Com. ACCA	Talent Acquisition Trainee	2.72 LPA
Sharon Susan	BBA	Talent Acquisition Trainee	2.72 LPA
Temo Abraham Jose	B.Com. ACCA	Talent Acquisition Trainee	2.72 LPA



(6) Northstar Edtech Pvt Ltd, Bengaluru (Phase II Interviews)

Student Name	Program	Position	Salary Package
Hrishikesh B	B.Com. ACCA	Business Development Associate	3.25 LPA

(7) Lil' Things Advertising Pvt. Ltd. Chennai

Advertising Company, specialised in Digital Marketing, Designs, Events and Experiential Marketing.

Student Name	Program	Position	Salary Package
Sai Priya S	M.Sc. Applied Psychology	Client Servicing Executive	3.6 LPA

(8) Teachnook, Bengaluru

Teachnook is an E-learning platform focused on practical, outcome-based learning and a one-stop platform for companies' hiring needs.

Student Name	Program	Position	Salary Package
Hrishikesh B	B.Com. ACCA	Business Development Associate	4-6 LPA
Deeptha Namboodiri	B.Com. ACCA	Business Development Associate	4-6 LPA
Sharon Susan	BBA	Business Development Associate	4-6 LPA

(9) Aster Medicity, Kochi

Aster Medicity is a multi-speciality hospital that offers quality healthcare within the Global Centre of Excellence in Neurosciences, Cardiac Sciences, Orthopaedics & Rheumatology, Gastro Sciences, Nephrology & Urology, etc.

Student Name	Program	Position	Salary Package
Pratibha Nair	MSc Psychology	Clinical Psychologist Trainee	3- 4 LPA

Campus Placement Summary

Total number of recruiters who participated in the CVV Placement Drive for the 2025 graduating class: **8**

Total number of students who participated in the 2025 Campus Placement Drive: **18**

Total number of students who received offer letters during the 2025 Campus Placement Drive: **17**

Total number of offer letters received in the 2025 campus placement drive: **28**

Total number of students who received multiple offer letters in the 2025 campus placement drive: **12**

*One offer letter is in the pipeline, as the recruiter (Kerala Kaumudi) requires the candidate to undertake a Digital Marketing Course before the final intake.





A Shining Act of Integrity by Our Students

On the afternoon of 29 April 2025, Chinmaya Vishwa Vidyapeeth witnessed an inspiring act of honesty and responsibility by two of its students. At around 1:50 PM, Ms. Namitha Manoj and Ms. Rudra Varma, students of B.Sc. Applied Psychology and residents of the LP Hostel, discovered a gold bracelet (916 hallmark, weighing over 10 grams and valued at approximately ₹1,00,000) near the one-way junction while returning from Annakshetra to the academic block. Without any hesitation, they took the bracelet directly to the cabin of the Chief Security Officer Sri Nirmal Babu and reported the finding.

Shortly after, Ms. Agneya, a B.Com. student and fellow hosteller, arrived in distress, having lost her bracelet along the same route. Upon seeing the recovered item, she was overwhelmed with relief and expressed heartfelt gratitude to Namitha and Rudra for their timely action and admirable honesty.

Such conduct is a true reflection of the values of Dharma, responsibility, and integrity that Chinmaya Vishwa Vidyapeeth seeks to nurture in every student. This heartening incident reminds us that true character is demonstrated not just in grand gestures but in everyday choices guided by conscience and compassion.

We wholeheartedly congratulate Namitha Manoj and Rudra Varma for embodying the spirit of CVV and setting a powerful example for the entire campus community.

Let this act inspire us all to walk the path of righteousness, even when no one is watching.



Rudra Varma

Congratulations



Namitha Manoj

Student Achievement

CVV Student Ms. Anitta Biju Presented a Paper at an International Conference



Ms. Anitta Biju, 8th-semester student of B.Sc.B.Ed. Mathematics at the School of EGCS, CVV, presented a research paper titled *'Study on Degree Centrality in Tadpole Graph and Its Invariants'* at the International Conference on Recent Trends in Applied Science, held at Srinivas Institute of Technology, Mangaluru, Karnataka, on 3rd and 4th April 2025.

This paper is based on her dissertation work, carried out under the guidance of Dr Bindusree A R, Associate Professor of Mathematics, School of EGCS, CVV.

Swami Chinmayananda
A Transformative Visionary of Indian Philosophy and Education



Pratheep Kumar R
Assistant Professor, CVV

1. Introduction

Swami Chinmayananda Saraswati (1916–1993) stands as a towering figure in the 20th-century revival of Advaita Vedanta and the integration of Indian Knowledge Systems (IKS) into mainstream discourse. His life journey—from a journalist sceptical of religion to a world-renowned spiritual teacher—exemplifies a transformation rooted in self-inquiry, scriptural study, and national service.

An academic engagement with his life offers profound insights into philosophical reasoning, cultural resurgence, educational reform, ethical leadership, and youth empowerment. His legacy extends beyond spiritual circles into diverse disciplines such as philosophy, education, leadership studies, communication, psychology, and social reform.

2. Historical Context and Early Intellectual Development

Swami Chinmayananda's early intellectual life was characterized by a sharp, inquisitive mind deeply engaged in the socio-political dynamics of a colonized and awakening India. As, a young journalist and freedom fighter, he was exposed to both Western rationalism and Indian religio-philosophical traditions, often juxtaposing the two with a critical lens. His initial scepticism toward religion was not borne out of disdain but rather from an earnest demand for logical coherence, experiential authenticity, and empirical grounding—values he had imbibed through modern education and journalistic training.

This skepticism, instead of leading to nihilism or rejection of tradition, propelled him on a journey of critical exploration. His questions about the authenticity of scriptural claims, the practicality of spiritual life, and the role of religion in a modern nation remained unanswered in the political and intellectual circles of the time. Seeking answers not through dogma but through first-hand experience, he travelled to Rishikesh and met Swami Sivananda, a modern sage who was both rooted in scriptural knowledge and open to engaging with contemporary seekers. Under Sivananda's compassionate yet structured guidance, Menon was introduced to the disciplines of meditation, scriptural study, and yogic living.



It was, however, in the austere tutelage of Swami Tapovanam in Uttarkashi that he found the rigorous intellectual and spiritual mentorship he craved. Tapovanam did not entertain superficial questions or half-hearted devotion; he demanded total commitment to the pursuit of Vedantic truth, studied through the original Sanskrit texts—the Upanishads, Bhagavad Gita, and Brahma Sutras—alongside the works of Adi Shankaracharya. The training emphasized śravaṇa (listening), manana (reflecting), and nididhyāsana (deep contemplation), forming the traditional tripartite model of Vedantic learning. This pedagogical structure, combining disciplined inquiry with inner transformation, proved to be the crucible in which Balakrishna Menon was reborn as Swami Chinmayananda.

This personal transformation should be viewed not merely as a spiritual awakening but as a symbol of the broader postcolonial intellectual re-engagement with India's indigenous knowledge systems. At a time when colonial education had systematically marginalized India's philosophical traditions—portraying them as mystical, irrational, or outdated—Chinmayananda's life journey challenged that narrative. He demonstrated that ancient Indian wisdom, particularly Advaita Vedanta, possessed the intellectual depth, logical rigour, and existential relevance to stand alongside, and often transcend modern philosophical systems.

Thus, his transition serves as a historical case study in the revival and rational reinterpretation of traditional Indian knowledge for a modern audience. It illustrates how deep immersion in original texts, guided by competent teachers, and contextualized in contemporary terms, can provide powerful frameworks for addressing:

- **Existential anxieties and identity crises** faced by educated youth,
- **Philosophical confusion** amidst the clash between material progress and inner dissatisfaction,
- **Ethical ambiguity** in a fast-modernizing society, and
- **The search for meaning and stability** in the face of global upheaval.

For educators, philosophers, and curriculum designers, Chinmayananda's journey exemplifies the ideal of a learner who bridges reason and revelation, tradition and modernity, self-realization and national service. It urges the academic world to revisit Indian scriptural traditions not as relics of the past but as dynamic knowledge systems capable of fostering intellectual clarity, emotional maturity, and ethical leadership in the contemporary world.

3. Philosophical Contributions: Reclaiming Vedanta for the Masses

Swami Chinmayananda's most profound and enduring contribution to modern India—and to global intellectual discourse—was his systematic and accessible reinterpretation of Advaita Vedanta, one of the highest philosophical achievements in Indian thought. At a time when Vedantic literature was largely confined to monastic orders, Sanskrit scholars, and a limited elite, Swami Chinmayananda envisioned Vedanta as a practical, rational, and universally applicable philosophy of life, not merely a doctrine reserved for the spiritually inclined or renunciates.

1. Contextualizing the Need for Reinterpretation

By the mid-20th century, Vedantic teachings had receded from public understanding, often misrepresented as abstract, otherworldly, and incompatible with modern life. Colonial education systems had undermined Indian intellectual traditions, and many Indians saw their own scriptural heritage as irrelevant in the face of modern science, rationalism, and Western thought.

Swami Chinmayananda recognized the urgent need to bridge the gap between traditional scriptural wisdom and the contemporary mind, which was shaped by rational inquiry, scientific temperament, and material ambitions. His unique contribution was translating, interpreting, and delivering the non-dualistic teachings of mainly the Upanishads and the Bhagavad Gita in a language, tone, and structure that resonated with educated modern audiences.

2. Methodology of Interpretation

Swamiji's philosophical method was characterized by clarity, logical precision, and pedagogical strategy. He approached Vedanta not merely as a theology, but as a science of self-knowledge (ātma-jñāna)—a disciplined and verifiable approach to understanding the nature of existence, consciousness, and the self.

His methodology included:

- **Language Accessibility:** He conducted lectures (Jnana Yajnas) in English and regional Indian languages, ensuring the democratization of spiritual knowledge.
- **Schematic Exposition:** He broke down complex Sanskrit verses into conceptual frameworks and logical sequences, often using charts, analogies, and step-by-step reasoning to reach students of all backgrounds.
- **Use of Modern Idioms:** He often employed contemporary analogies—from science, politics, economics, and daily life—to illustrate metaphysical truths, thereby bridging ancient insights with modern experience.
- **Question-Driven Teaching:** His talks and writings frequently anticipated and addressed common doubts, making Vedanta interactive and inquiry-oriented.



This pedagogy allowed him to transcend the traditional guru-disciple model, creating instead a mass education movement rooted in self-inquiry, scriptural study, and social relevance.

3. Making Vedanta Practical and Life-Affirming

Central to Chinmayananda's interpretation of Vedanta

was the emphasis that spirituality is not an escape from life, but mastery over it. He firmly rejected the misconception that Vedantic realization required withdrawal from the world. Instead, he taught that:

"Vedanta is not a theory to be studied. It is a truth to be lived."

For him, the Upanishadic realization of the Self (ātman) as Brahman had to manifest in how individuals perceive, act, relate, and lead their lives. Thus, Vedantic inquiry was not opposed to action, but purified and elevated it—enabling the seeker to perform their worldly duties (dharma) with detachment, clarity, and purpose.

Through the lens of the Bhagavad Gita, he illuminated the principle of karma yoga—selfless action with spiritual awareness—as the most relevant path for the householder and professional. The Vedantic realisation of unity (non-duality) served not only as a metaphysical insight but as a foundation for ethical living, social harmony, and mental resilience.

4. Revival of Scriptural Study and the Teaching Tradition

Swami Chinmayananda revived the traditional gurukula system of Vedantic study through the establishment of Sandeepany Sadhanalayas where rigorous, two-year residential courses were conducted. The students studied the Prasthāna Traya (Upanishads, Gita, and Brahma Sutras) along with Sanskrit and logic (Nyaya). This institutionalisation of scriptural study ensured the systematic training of new generations of teachers, allowing the tradition to survive and expand in modern formats.

He also published **over 95 books and commentaries,** written in lucid prose and free from jargon, including:

- The Holy Gita (A commentary on the Gita)
- The Art of Man-Making (a commentary for youth on the Gita)
- Self-Unfoldment (A beginner's guide to Vedanta)
- Commentaries on major Upanishads and the Bhagavad Gita

These texts remain foundational in academic courses on Vedanta, comparative philosophy, and spiritual psychology.

5. Vedanta as Universal Philosophy

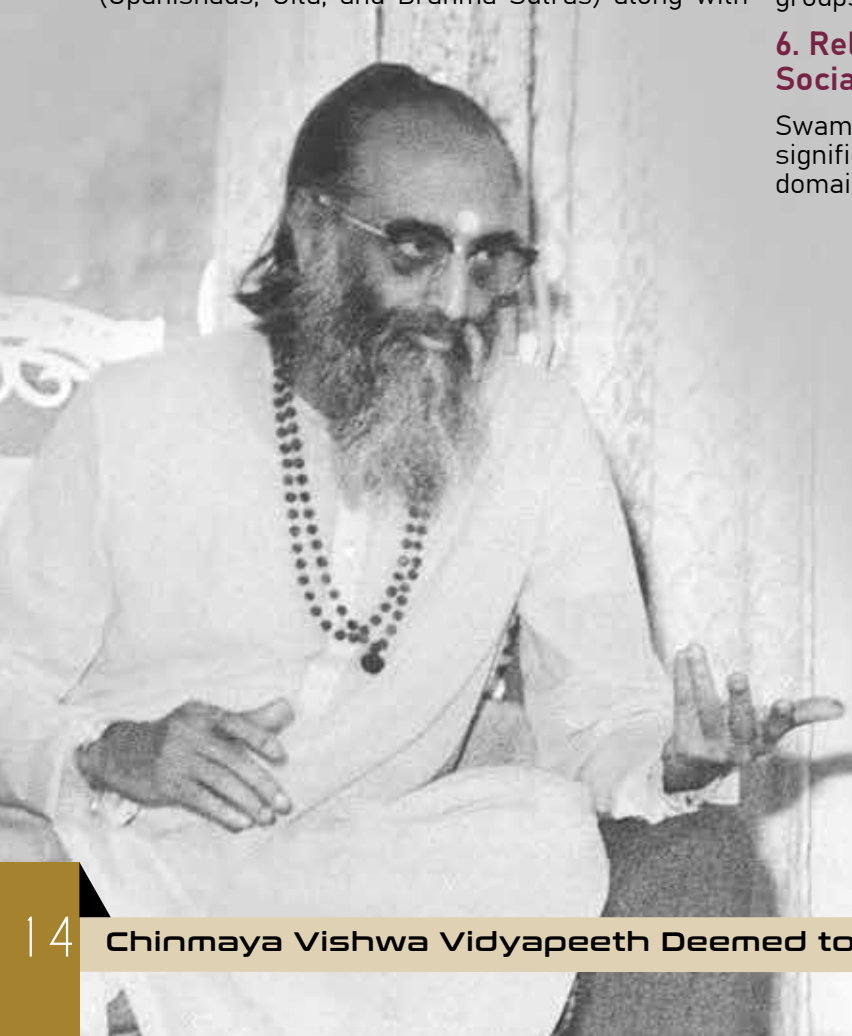
While rooted in the Vedantic tradition of Adi Shankaracharya, Swami Chinmayananda's teaching embraced a universalist spirit. He emphasized that Vedanta is not a religion but a science of consciousness. As such, it can serve as a platform for interfaith dialogue, cross-cultural understanding, and global ethics.

He addressed modern audiences in the West without compromising the depth of Indian philosophy. His teachings continue to inspire scholars, seekers, and leaders across the globe, forming the basis of study groups in over 30 countries.

6. Relevance in Contemporary Academic and Social Contexts

Swami Chinmayananda's Vedantic renaissance holds significant potential for the following academic domains:

Domain	Contribution
Philosophy & presentation of Religious Studies	Systematic Advaita Vedanta with parallels to Western thought (e.g., Kant, Hume, Heidegger)
Education & Pedagogy	Value-based curriculum integrating Vedanta and life skills
Ethics & Moral Psychology	Grounding moral action in non-duality and universal oneness
Leadership & Governance	Karma Yoga and Self-Mastery as models for dharmic leadership



Mental Health & Well-being	Application of Vedantic principles in stress management, self-awareness, and resilience training

Swami Chinmayananda transformed Vedanta from an esoteric monastic pursuit into a vibrant, life-affirming, intellectually rigorous path for everyday living. He restored dignity and accessibility to India's ancient scriptural traditions, framing them not as religious dogma, but as rational frameworks for human evolution. His mission of reclaiming Vedanta for the masses marks a civilizational resurgence—reviving India's philosophical wealth in a language that speaks to both the spiritual seeker and the modern thinker.

Key Pedagogical Principles:

- Rational Approach to Faith: Encouraging inquiry over blind belief, aligning with the epistemology of Indian darśanas.
- Language Accessibility: Translating and interpreting Sanskrit scriptures into English and Indian languages.
- Everyday Application: Making abstract metaphysical concepts applicable to personal and professional challenges.
- Public Education Model: Delivering 'Jnana Yajnas' (knowledge seminars) across urban and rural India.

Academic Relevance:

These contributions offer content and methodology for courses in:

- Indian Philosophy and Metaphysics
- Comparative Religion and Interfaith Studies
- IKS and Cultural Pedagogy
- Applied Spirituality in Counseling and Psychology

7. Educational Philosophy: Chinmaya Vision and Holistic Learning

Swami Chinmayananda's commitment to value-based, culturally grounded education led to the establishment of over 100 Chinmaya Vidyalayas, Chinmaya International Residential School, and the Chinmaya Vishwavidyapeeth (Deemed-to-be University).

His educational model is enshrined in the Chinmaya Vision Programme (CVP), which embodies a four-fold focus:

Dimension	Educational Focus
Integrated Development	Physical, mental, emotional, intellectual, and spiritual growth
Indian Culture	Knowledge of Indian heritage, symbols, values, and festivals
Patriotism	Awareness of duties, rights, and responsibilities as Indian citizens
Universal Outlook	Respect for diversity, ecology, and harmony among faiths

Significance for Contemporary Education:

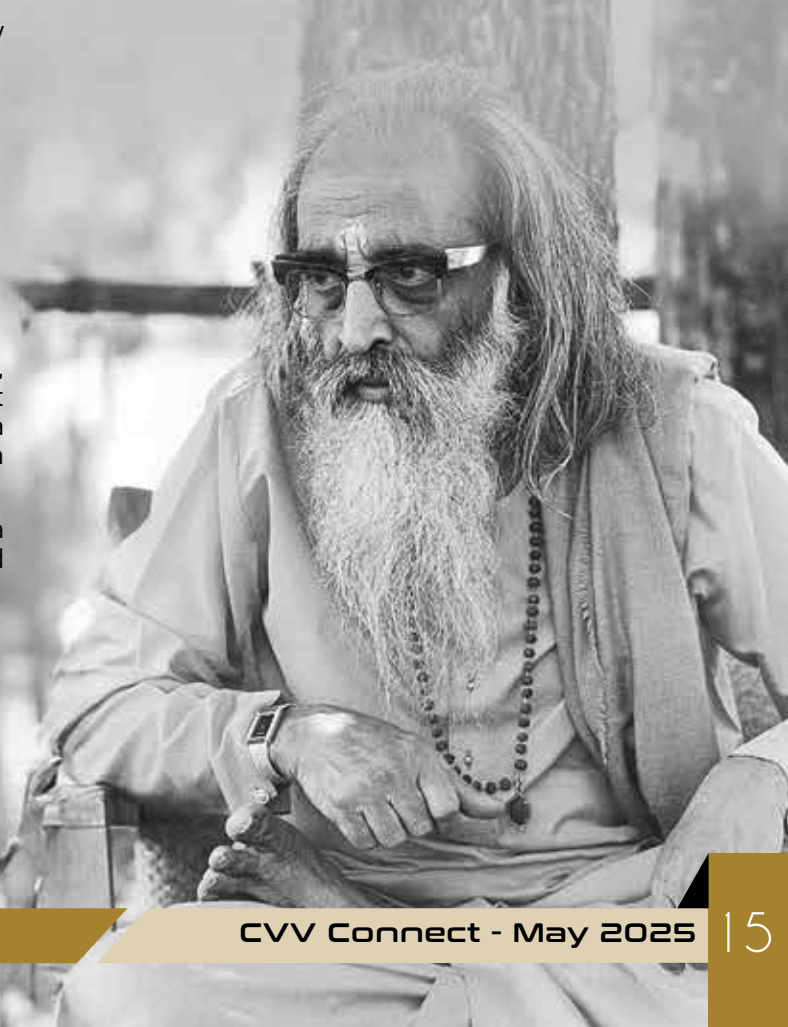
- Offers a counter-narrative to the narrow, exam-centric model.
- Encourages value-centric curriculum development for NEP 2020 implementation.
- Bridges traditional Indian values with modern pedagogical needs.
- Serves as a reference for integrating ethics, dharma, and wellness in mainstream education.

8. Leadership and Organisational Excellence

Swami Chinmayananda demonstrated a unique model of spiritual entrepreneurship, balancing the inner vision of a renunciate with the outer action of a nation-builder. His leadership extended beyond teaching into institution-building, community mobilization, and global outreach.

Leadership Attributes:

- Visionary Communication: A master orator who could explain complex metaphysical ideas with clarity and wit.



- Organisational Prowess: Founder of the Chinmaya Mission, now active in over 30 countries.
- Youth Empowerment: Founded Chinmaya Yuva Kendra (CHYK) to guide youth through self-development rooted in Vedanta.
- Global Interactions: Engaged with intellectuals, politicians, educators, and scientists on platforms of value-based dialogue.

Use in Academic Modules:

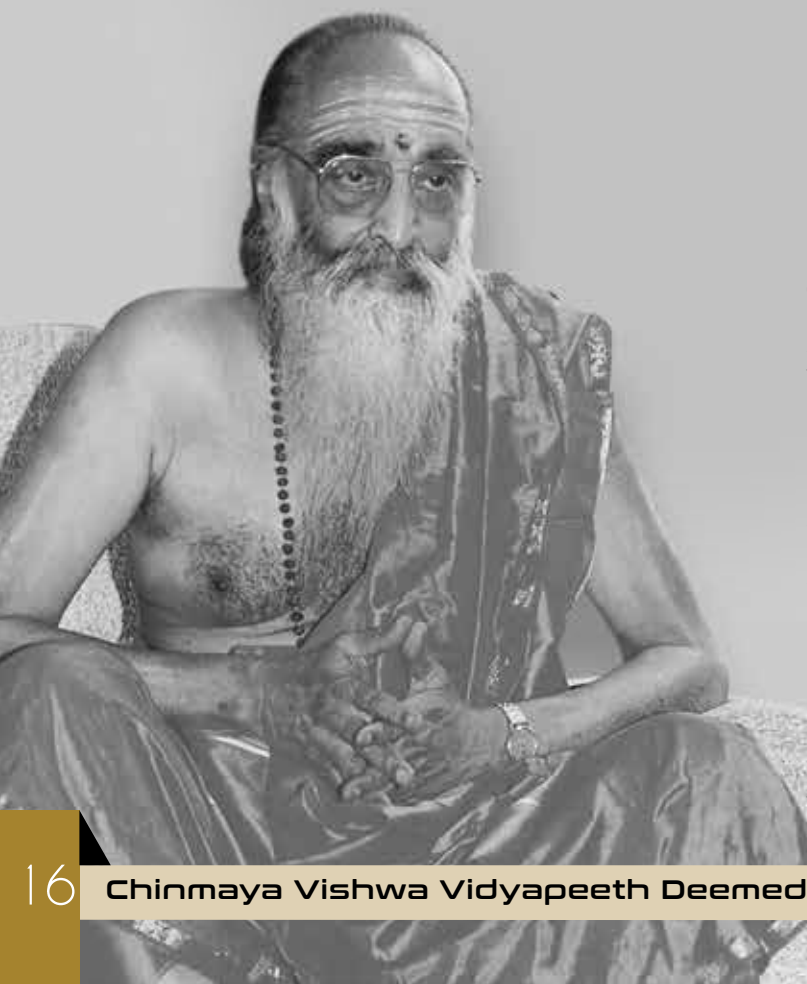
- Servant Leadership and Ethical Governance
- Strategic Communication and Public Discourse
- Spiritual Intelligence in Management Studies
- Cultural Leadership in Postcolonial Contexts

9. Global Impact and Cultural Diplomacy

Swami Chinmayananda was among the first modern Indian spiritual teachers to travel extensively abroad, introducing non-dualistic Vedanta to the Western world through seminars, retreats, and books. He emphasized the universality of truth (Satya) and saw Vedanta as a science of living, beyond religious or national identity.

Contributions to Global Discourse:

- Inspired the creation of Vedantic study groups worldwide.
- Engaged in interfaith dialogue and global ethics forums.
- Promoted India's soft power through culture and spirituality.



His life demonstrates how ancient Indian traditions, when authentically interpreted, can address contemporary global challenges—identity crises, ecological destruction, mental health, and social polarization.

10. Scholarly and Pedagogical Applications

Swami Chinmayananda's teachings, institutions, and literary corpus can be used in academia in the following ways:

In Philosophy and Religious Studies:

- Comparative analysis of Advaita Vedanta and Western existentialism.
- Ethical frameworks from Indian darśanas.
- Pedagogy of Self-realisation and consciousness studies.

In Education:

- CVP as a model for value-based education.
- Curriculum design integrating IKS and modern science.
- Teacher training in holistic developmental practices.

In Management and Leadership:

- Vedantic principles in decision-making and leadership.
- Personal mastery and ethics in corporate governance.
- Organizational models rooted in dharmic responsibility.

In Communication Studies:

- Study of Swamiji's oratory and persuasive techniques.
- Public discourse in spiritual-nationalist movements.
- Ethics of communication in a pluralistic society.

11. Concluding Reflections

Swami Chinmayananda's life is a testament to the power of inner transformation and cultural resurgence. He exemplified how rootedness in Indian spiritual wisdom can fuel global engagement, leadership excellence, and educational reform. His contributions are increasingly relevant today as India reclaims its intellectual heritage through National Education Policy (NEP) 2020, IKS research, and value-centric curriculum reform.

His famous quote:

"You change. You become better. The world will automatically become better."

...resonates with the Ancient Wisdom ideal of self-led social change and offers a philosophical foundation for ethically responsible and value-based citizenship and leadership.

'Veins of Fire and Hearts of Light: Swami Chinmayananda's Legacy for India's Youth'

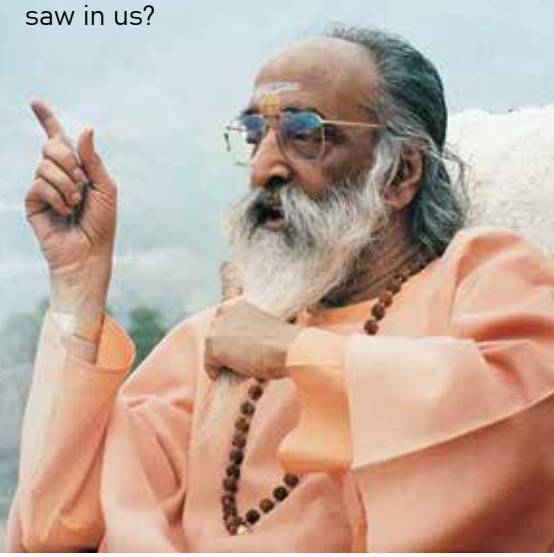


Bindu M.P.
Associate Professor & Assistant Dean, CVV

As the fragrance of spiritual wisdom continues to linger long after the Master has walked this earth, the birth anniversary of Swami Chinmayananda offers an occasion not just to remember but also to reflect. It is a moment to revisit the luminous vision of a sage who saw the youth of India not merely as the promise of tomorrow but the power of today.

With penetrating clarity, he said, "Youth are not useless. They are used less. Youth are not careless. They are cared less". These words echoed his deep conviction that young minds' passion, vision, energy and brilliance, when awakened through dynamic spirituality, could become the bedrock of national transformation. He left behind a spiritual and nationalistic legacy intended for India's youth to carry forward i.e. a call to rise with clarity of thought and strength of character.

For Swamiji, spirituality was not an escape from action, but its highest refinement, a channel through which courage and compassion could flow. In nurturing such awakened youth, he dreamed of an India radiant with values, strength, noble ideas and fearless vision. Yet, as his words echo through generations, one wonders whether we have truly risen to the vision he saw in us?



Faculty Achievement

Invited Speech at a National Conference

Dr Satheesh Varma M., Associate Professor, School of PPSH was invited to speak at the **Bodhismrithi** National Conference on the theme ***'Healthy Mind – Need of the Hour'*** organised by the Department of Psychology, Dr M.G.R. Educational and Research Institute, Chennai. The conference was held on 9th April 2025 and received participation from over 280 undergraduate and postgraduate students from institutions across Chennai.

Dr Varma delivered a session on ***'Learning Systems in Indian Psychology'*** introducing an integrated framework that harmonises insights from Indian Knowledge Systems with contemporary Psychology. Drawing upon classical philosophies including Buddhism, Advaita Vedanta, Samkhya, Yoga, and the Integral Psychology of Sri Aurobindo and Ken Wilber, the session explored four core layers of learning:

- **Subconscious:** the seat of saṁskāras, repressed emotions, vasanas, and instincts
- **Conscious:** the domain of active awareness, cognitive processes, and ego
- **Superconscious:** the realm of higher intuition, inner wisdom, and universal consciousness
- **Pure Consciousness:** the blissful witnessing state beyond mental modifications

Dr Varma emphasised that the higher states of consciousness are accessible to all and are not limited to saints or spiritual masters. By becoming aware of



one's internal tendencies and engaging in mindful introspection, individuals can begin to access the latent potential within.

The presentation was well-received and generated rich discussions with student participants. The event served as a platform to deepen engagement with Indian perspectives on psychology and mental well-being.

Green Campus Initiative and Vegetable Cultivation



As a part of its Green Campus Initiative, CVV has undertaken several sustainable practices to promote environmental stewardship and self-sufficiency. A key highlight of this initiative is the plantation of various trees and vegetables at its Lalitha Prathishtanam facility. This effort aligns with the institution's commitment to creating an eco-friendly and sustainable campus environment.

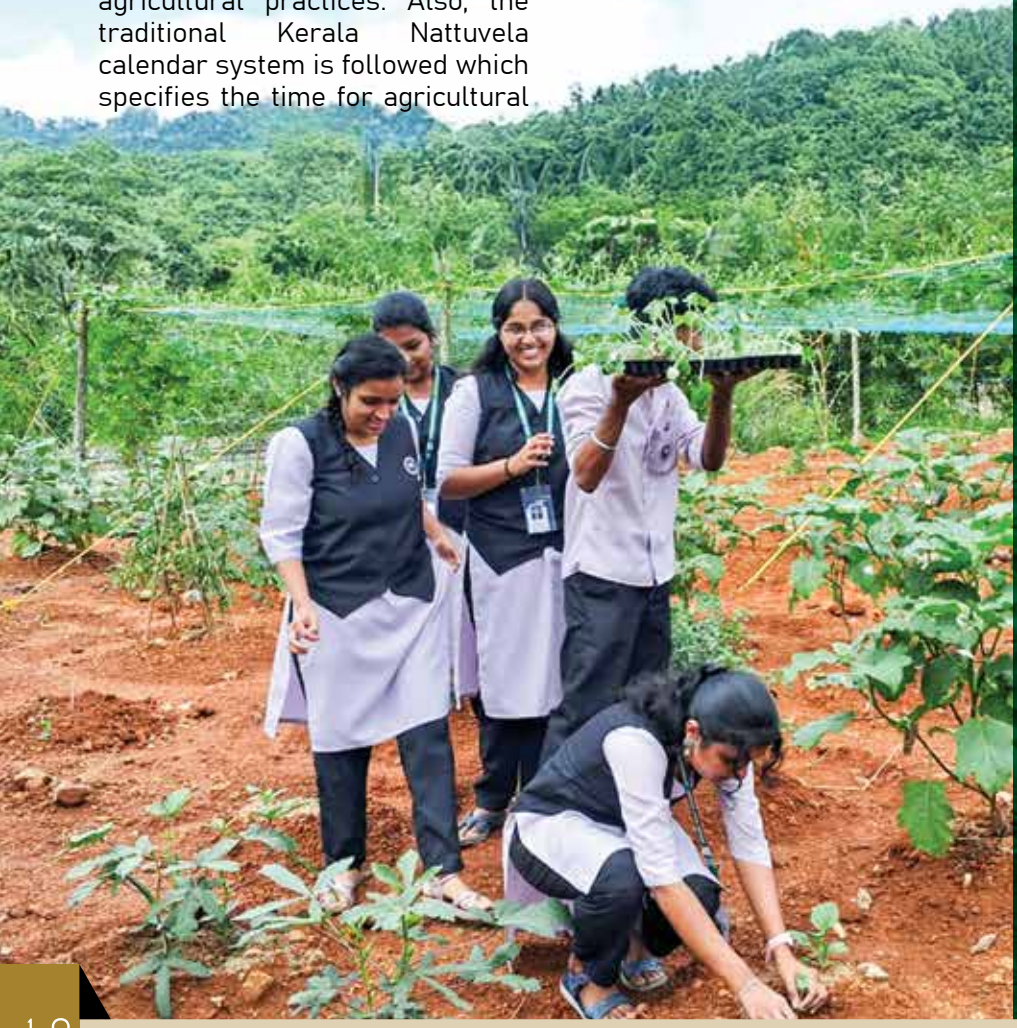
Various native and fruit-bearing trees have been planted to enhance biodiversity and provide ecological balance. These trees contribute to improving air quality and creating a serene campus environment. Projects are undertaken with the support of the Kerala Social Forestry Department, Ernakulam.

Organic farming methods are employed including the use of compost to ensure sustainable agricultural practices. Also, the traditional Kerala Nattuvela calendar system is followed which specifies the time for agricultural operations—and preparation, transplanting, weeding, harvesting, etc. The farming decisions based on this Nattuvela ensure minimal environmental damage.



Institutional Farming Initiative by CVV

In February 2025, CVV signed a Memorandum of Understanding (MoU) with the Kerala Agricultural Department for institutional vegetable cultivation. The



institution received a grant of Rs. 40,000/- towards the development of infrastructure facilities essential for the successful implementation of the project.

The Agricultural Officer and the team from the Kerala Agricultural Department, Pampakuda regularly visit the site and give valuable instructions for the effective implementation of the scheme. This initiative is aligned with the Kerala Agricultural Department's mission to promote localised institutional-level farming models under schemes like Subhiksha Keralam and Krishikoottam.

Community Engagement

Students, staff, and faculty actively participate in planting and maintaining the greenery, fostering a sense of responsibility towards the environment.

Sustainable Resource Management

Drip irrigation systems are utilised for efficient water use, minimising wastage and promoting conservation.

Through its plantation activities at Lalitha Prathishtanam and the launch of **Haritham Chinmayam**, CVV exemplifies its commitment to developing a Green Campus. By integrating sustainable practices into its operations, the institution not only reduces its environmental impact but also inspires its community to adopt eco-friendly lifestyles. The collaboration with the Kerala Agricultural Department marks a significant step towards achieving long-term sustainability goals and institutional excellence in environmental stewardship.

Vegetable Cultivation: *Haritham Chinmayam*

On 7th June 2024, the institution launched a project named Haritham Chinmayam as part of its vegetable cultivation efforts.

The following vegetables were planted and cultivated under this initiative:

Sl. No.	Item	Qty. Approx.
1	Pumpkin	70 KGS
2	Tomato	15 KGS
3	Green Chilly	45 KGS
4	Cucumber	53 KGS
5	Brinjal	160 KGS
6	Ash Gourd	80 KGS
7	Ladies Finger	10 KGS
8	Snake gourd	26 KGS
9	Long Beans	36 KGS
10	Banana Blossom	9 KGS
11	Red Spinach	21 KGS
12	Ivy Gourd	2 kgs

Fruits included in the cultivation are pineapples, papayas, rambutans, watermelons and bananas.

Sl. No.	Item	Qty. Approx.
1	Watermelons	180 KGS
2	Banana Poovan	70 KGS
3	Banana Robusta	180 KGS



Enchanting Princess

She was an enchanted princess,
lost in the dark and haunting woods.
It was a dark forest,
covered in thick groves and tall trees.
Initially, she was terrified,
and cried for help in vain.
All she could hear was the sound of animals, birds
and the flowing river nearby.
She could sense no human scent surrounding her.

Wearing a black long gown,
she resembled the dark forest.
Seemingly graceful,
like a princess of the woods,
she crossed all the hurdles with a devil's smile.

Slowly, the woods started to fear her presence and bowed
in due respect.
They made her their queen.

She never felt proud of what she had acquired,
In lieu of gratitude for the darkness
the woods have presented her with, while she was lost.
Silently, she turned back and
gasped at the sight of seeing how far she had come
alone on the thorny path.

The woods gave her a life and a purpose
When she was lost.



Parvathy Raj
EA to the Dean - Student Affairs

Excise Officials Conduct Drug Awareness Session at CVV

In an effort to promote awareness about the growing threat of drug abuse among youth, CVV organised a **Drug Awareness Talk** by Excise Inspector CI Krishnakumar and AE Ajaykumar on 25b April 2025 at the university's academic block atrium.





The session, held from 11:00 to 11:30 AM, began with a prayer and a welcome address by Prof. Sunitha Grandhee, Dean of Student Affairs, who stressed the importance of proactive awareness among students and staff. She emphasized that while CVV has maintained a clean record, awareness is essential to sustain a safe and healthy campus environment.

Addressing the students, CI Krishnakumar acknowledged CVV as one of the most reputed institutions in the region and explained that the session was not based on any past incident but rather as a preventive and educational measure. He highlighted the alarming rise in drug usage among youth and the growing influence of social media, peer pressure, and the entertainment industry in normalizing substance abuse.

The inspector shed light on several critical issues:

- The increasing production and distribution of synthetic 'newgen' drugs that are harder to detect.
- The strategic role of drug mafias in targeting the youth through popular media.
- A detailed explanation of the Narcotic Drugs and Psychotropic Substances (NDPS) Act, 1985, and its implications.
- A shocking case study from Thrissur, where a student was caught with MDMA procured via an online platform, highlighting the ease of access and lack of awareness.

The session also saw an interactive moment when students were asked about the largest financial sectors globally—revealing that the drug trade ranks second only to defense in global spending, indicating the sheer scale of the issue.

CI Krishnakumar encouraged students to be bold, responsible, and vigilant, urging them to report any suspicious activity without fear. "Every crime leaves a trace; nothing can be fully erased," he concluded, stressing the importance of moral courage and timely reporting.

The event concluded with a vote of thanks and prayer led by Sri Ananthnarayana Iyer, Chief Operating Officer, who reiterated the university's commitment to a drug-free campus and a bright future for its students.

This impactful session served as a crucial reminder for students to stay informed, alert, and responsible, reinforcing CVV's vision of nurturing not only knowledgeable but also value-driven individuals.

Pre-PhD Presentation of Mr. Narayan Baban Shete









പ്രിയ കലാലയമേ...

എവിടെയോ നിന്നെത്തി നീ,
ചുരുങ്ങിയ നാളുകൾക്കുള്ളിൽ,
സൗഹൃദം പകർന്ന്, കൂടെ നടന്ന്,
ഇന്നലെ കഴിഞ്ഞപോൽ തോന്നുമ്പോൾ,
ഓർമ്മകൾ തന്ന പ്രിയ കലാലയമേ,
നിനക്ക് നന്ദി ഞാൻ നേരുന്നു.

നീ തന്ന ഓർമ്മകളും സൗഹൃദവും,
മാത്രമേ എൻ ജീവിതത്തിൽ,
ഓർമ്മകളായി ബാക്കി...
കറങ്ങി മടുത്ത ദിനങ്ങളും വർഷവും,
അവശേഷിക്കുമ്പോൾ എൻ പടിയിറക്കം.

പ്രിയ കലാലയമേ,
നീ തന്ന അറിവും,
നീയാക്കിയ ഞാനുമായ്,
പോകുവാനൊരുങ്ങിയ നാളിൽ,
അറിവുമായി മാത്രം ഞാൻ
യാത്രയാകുന്നു.



Sreejith CV
Photographer
Media Team, CVV

PICTURE OF THE MONTH

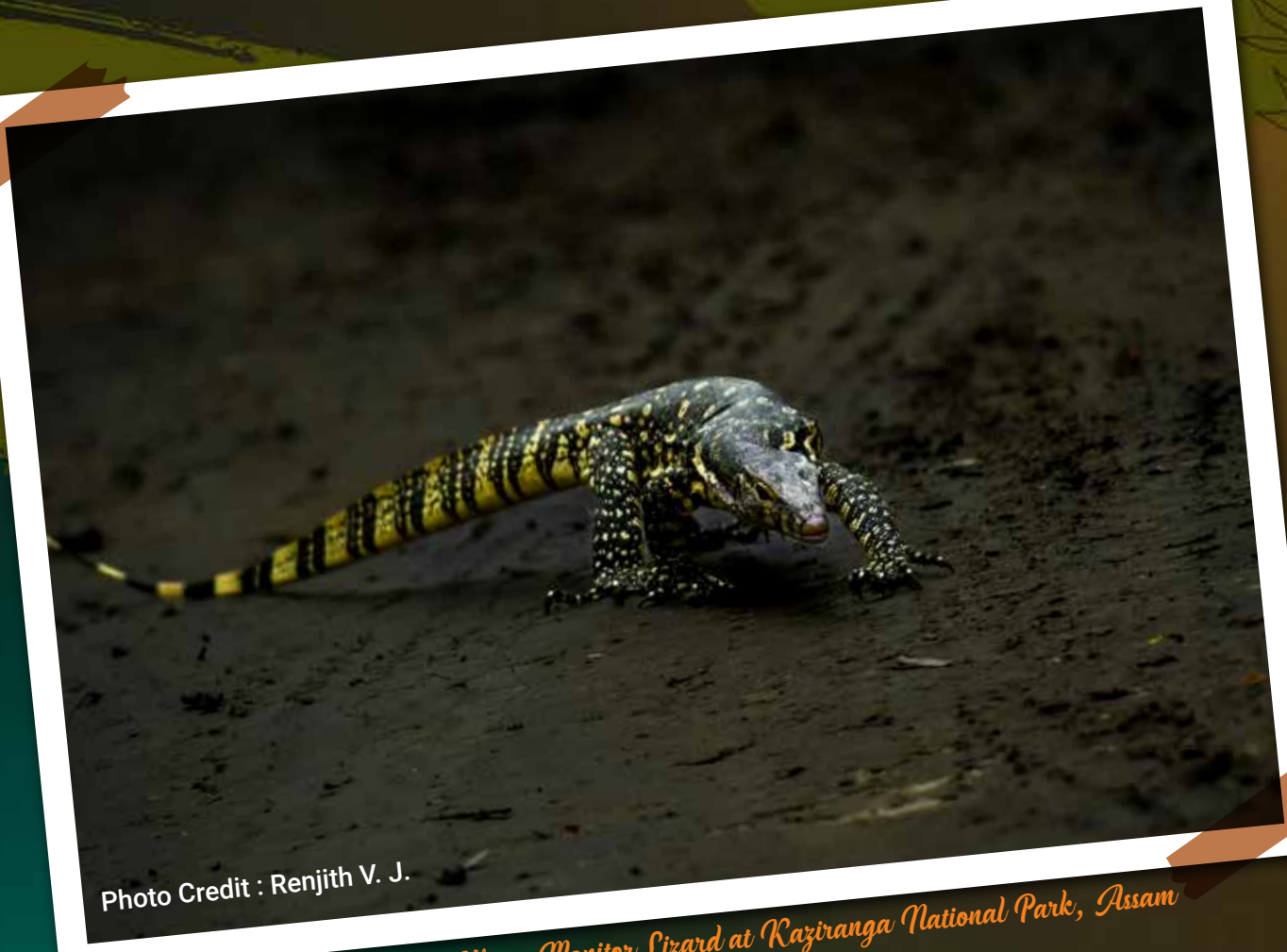


Photo Credit : Renjith V. J.

Asian Water Monitor Lizard at Kaziranga National Park, Assam

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