CVV Connect
WHERE KNOWLEDGE MEETS WISDOM

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MONTHLY NEWSLETTER FROM CHINMAYA VISHWA VIDYAPEETH DEEMED TO BE UNIVERSITY

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MESSAGE *from* VICE CHANCELLOR



Dear CVV Family Members,

Hari Om! Salutations!

As the monsoon begins to embrace Kerala, nature reminds us of the need for balance, renewal, and care. This season calls on us to be attentive—to our health, to our environment, and to each other. I urge everyone in our community to take extra precautions and stay safe during this time. The powerful energy of Chinmaya Jayanti, which we celebrated with deep reverence in May, continues to resonate across our campuses. Pujya Gurudev's timeless wisdom and unwavering vision are the bedrock of our journey, and I encourage each one of you to carry this inspiration forward—in your studies, your service, and your sadhana.

Our admission process is actively underway, and this is a crucial time for the University. I invite all members of the CVV community to support and contribute in every possible way to make this admission season a resounding success. Let us extend our commitment and warmth to welcome the next generation of seekers and scholars into our fold.

Let us continue to walk this path with clarity, enthusiasm, and the courage to live the vision that Gurudev gifted to us. My heartfelt appreciation to all who contribute to making CVV a space of learning, growth, and inner transformation.

Warm regards,

Prof. Ajay Kapoor
Vice Chancellor
Chinmaya Vishwa Vidyapeeth





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CVV Celebrates 109th Jayanti of Pujya Swami Chinmayananda with Devotion and Enthusiasm

The 109th Jayanthi of Pujya Swami Chinmayananda, the revered founder of Chinmaya Mission, was solemnly and joyously celebrated with various spiritual and cultural events across all campuses of the University.

At the **Prajna Pratishthanam facility on Warriam Road**, Ernakulam, the paduka puja was led by Sri B. Bhavesh, Joint Secretary of the CVV Trust. The event saw the active participation of Vice Chancellor Prof. Ajay Kapoor, and Registrar Prof. T. Ashokan, along with faculty and administrative staff.

In the evening, a commemorative meeting was held under the leadership of the Chinmaya Mission

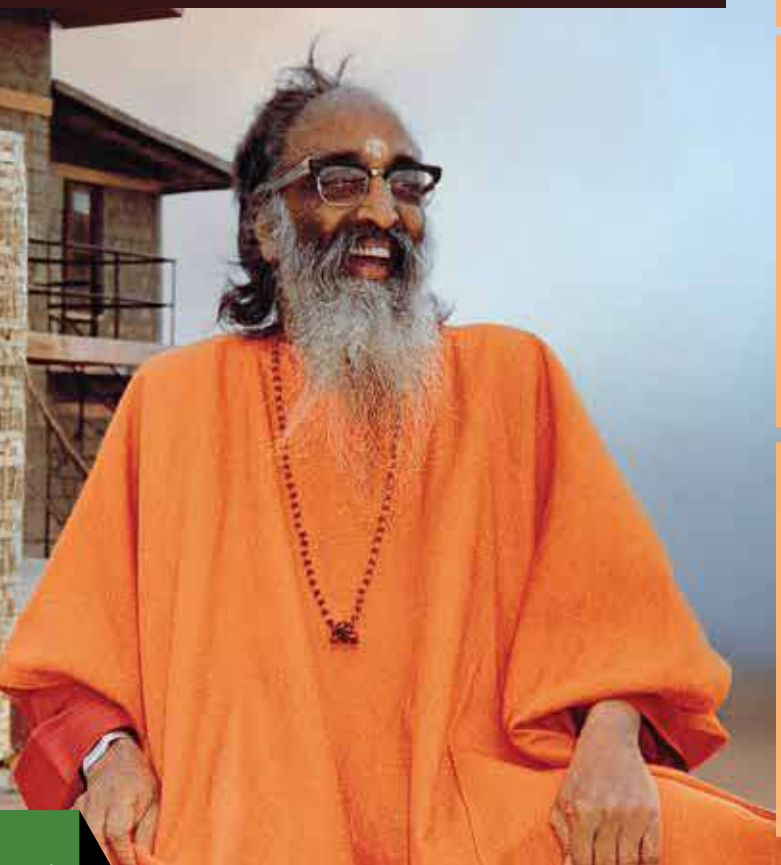
at Lalita Pratishthanam Facility, Onakkoor











Education and Cultural Trust. Senior trustee Sri Venu Gopal C. Govind inaugurated the event. Swami Satyananda, Acharya of Chinmaya Mission, Ernakulam, delivered a benedictory address, while Sri A. Gopalakrishnan, Chief Sevak of CMECT–Greater Kochi, delivered the keynote address. Prof. Ajay Kapoor offered his felicitations. Notable speakers included Sri K.S. Vijayakumar and Adv. K. M. V. Pandal. A soulful bhajan session by students of Chinmaya Vidyalaya, Vaduthala, added a spiritual fervour to the celebrations.

At the **Lalita Pratishthanam facility in Onakkoor**, the paduka puja was led by Br. Ved Chaitanya. Dr. Sunitha Grandhee, Dean of Student Affairs, and Sri Ananthanarayan Iyer, Chief Operating Officer, participated in the ceremony along with faculty and staff. As part of the University's commitment to environmental conservation, the team also carried out a **tree-planting drive** on the campus.

at Prajna Pratishthanam Facility, Warriam Road







at Chinmaya Naada Bindu Gurukula, Pune





Paduka puja was also conducted at the **Chinmaya Naada Bindu Gurukula (CNBG) campus** in Kolwan, Pune.

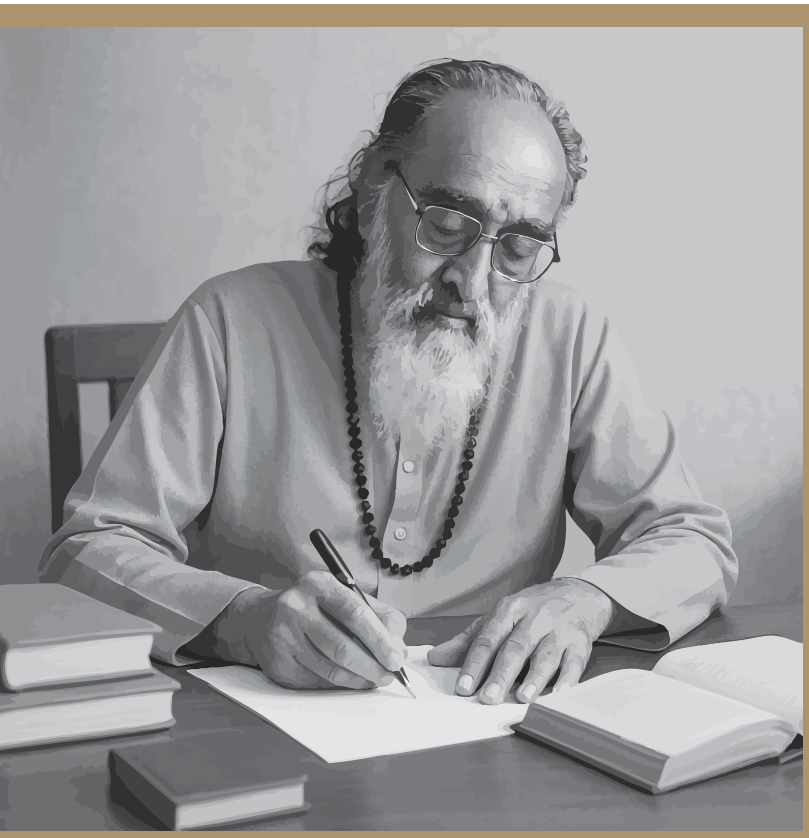
Chinmaya Jayanti celebrations were also held at various other Chinmaya Mission centres, reflecting the widespread devotion and reverence for Pujya Gurudev.

Celebrations by Chinmaya Mission, Ernakulam



A bhajan session by students of Chinmaya Vidyalaya, Vaduthala





Work is Love made visible

– Swami Chinmayananda

Have you ever wondered about the people who work tirelessly for Gurudev and his Vision? What drives them? Why do they give so much of themselves, expecting nothing in return? Are they... mad?

Yes—madly in love with His Vision.

I don't know what you would call such people. They set aside their personal needs, their families, their comforts. They hesitate for nothing. They do not seek attention or applause. They simply cannot sit still while there's work to be done for Gurudev. They act, not out of compulsion, but from an inner calling they cannot resist. They are the unseen hands, the silent warriors, the torchbearers of the Chinmaya Mission. The heartbeat within them echoes: **"His Vision, Our Mission."**

To me, they are true **karmayogis**, living examples of what it means to walk His path. They don't need external motivation—His love is enough. Some have seen Him, served Him, walked beside Him. Many others haven't even met Him in person. Yet, something in His words, His mission, His presence—felt through His swamins and devotees—pulls them in, inspires them, and transforms them.

And still, I wonder: **What magic did Gurudev weave into our hearts? What love did He shower upon us? What more could we ask for, O Gurudev? You are love incarnate.**

Time may pass. Seasons may change. But Gurudev's love will remain—unfading, ever-expanding. His Vision will spread more and more and His Mission will keep growing. His work will go on, through all of us, through those yet to come. Even when all else fades, **His Vision will live on... forever**.

om udāra-hṛdayāya namaḥ|



V.J. Renjith
Graphic Designer
Media Team, CVV

‘FIT INDIA CYCLING DRIVE

SUNDAYS ON CYCLE



As a part of the national Fit India Movement, the Department of Physical Education & Sports organised a cycling rally titled ‘**Sundays on Cycle**’ on Sunday, 11 May 2025. This initiative was in alignment with the vision of the Hon’ble Prime Minister of India, focusing on promoting fitness awareness and encouraging cycling as a healthy and eco-friendly mode of transport.



The rally was a vibrant reflection of the slogans of the Fit India Movement:

- **#Sundays On Cycle**
- **#Fitness Ki Dose**
- **#Aadha Ghanta Roz**





The event underscored the importance of physical activity in daily life, promoting the reduction of carbon footprints and encouraging the local community to take part in health-driven initiatives.

The cycling rally was organised to foster a culture of fitness and well-being among students and the surrounding community, to advocate cycling as a sustainable and accessible transportation mode, to encourage individuals to commit at least 30 minutes daily to physical activity and to raise awareness about environmental responsibility and holistic health.

The event commenced with a motivational speech by Mr. Ananthanarayanan Iyer, Chief Coordinating Officer at CVV. He spoke about the significance of adopting fitness and sustainability in daily life, encouraging the students to set an example within their communities. Mr. Iyer also led the attendees in taking the Fit India Pledge, affirming their commitment to active living and healthier lifestyles.

At 7:30 AM, the flag-off ceremony marked the official start of the cycling rally. Mr. Iyer waved off the cyclists as they embarked on a scenic 5-kilometre ride around the picturesque Onakkoor facility and its neighbouring areas. The route provided an enjoyable experience while fostering a spirit of unity and collective purpose.





The rally saw enthusiastic participation from over 70 students, including internal students of CVV and students from nearby schools. The energy and vibrancy of the participants were palpable, as they enjoyed the physical activity while bonding with peers and promoting environmental consciousness.

The event wrapped up by 8:00 AM, with a celebratory group photograph marking the successful completion of the rally. Following the group photo, light refreshments were served, allowing participants to unwind, socialise, and reflect on the event's positive impact.

A Divine Legacy of Wisdom and Light

"Swami Chinmayananda, a beacon of light,
Shone bright with wisdom, and spiritual insight,
His teachings ignited, hearts and minds so fine,
Guiding seekers, to the path divine.

With Gita's wisdom, he lit the way,
For those seeking truth, in life's journey's sway,
His words were nectar, that quenched the soul's thirst,
And brought peace, to hearts that found their first.

His love for Krishna, and the scriptures' might,
Inspired countless, to walk the spiritual light,
Through his teachings, and his loving care,
Many found solace, and a path to share.

Swami Chinmayananda, a legacy so grand,
Continues to inspire, through his teachings so planned,
May his wisdom, and his love so true,
Guide us on our journey, to the divine anew."



Pratheep Kumar R
Assistant Professor, CVV

Maha Mrityunjaya Yajna by CVV's IKS Club

The CVV's IKS Club conducted a Maha Mrityunjaya Yajna on 11 May 2025, for the well-being of the Indian armed forces and to invoke divine protection and blessings for their safety and prosperity.

The yajna commenced at 5:45 PM, beginning with Guru Prarthana, an invocation seeking the guidance and blessings of revered teachers and spiritual masters. Following this, participants collectively recited the sankalpam, affirming their intention and devotion towards spiritual practice.

The Maha Mrityunjaya mantra was repeated 54 times with unwavering energy and dedication. The rhythmic and synchronised chanting filled the atmosphere with profound spiritual vibrations, fostering a sense of collective harmony and reverence. The event concluded at 6:10 PM with arpanam, a heartfelt offering of prayers and gratitude, marking the fulfilment of the spiritual endeavour.

Around 90 students and wardens of both hostels actively participated in the yajna, demonstrating immense enthusiasm and devotion. Their spirited involvement showcased a deep sense of respect towards the armed forces, reinforcing the importance of unity, spiritual strength, and national solidarity. Through collective prayer and devotion, the event served as a powerful reminder of the strength derived from tradition, faith, and unity.



CVV was awarded the ‘Harithakeralam Certificate’ by the Pampakuda Grama Panchayath

Chinmaya Vishwavidyapeeth was awarded the **Harithakeralam Certificate** with A Grade by the





Pampakuda Grama Panchayath on 17 May 2025, in recognition of its exemplary activities in cleanliness, water safety, and ecosystem protection.”

Offering of Durgādhiśa Śrī Mahāgaṇapati Suprabhātam

Dr. M. Sudarshan Chiplunkar, Associate Professor, School of Linguistics and Literary Studies, CVV. composed a ‘suprabhātam’ in Sanskrit titled **Durgādhiśa Śrī Mahāgaṇapati Suprabhātam**, in praise of Lord Mahāgaṇapati of Durga Village, Karkala Taluk, Karnataka.

On the occasion of the **Sahasra Modaka Havan** the suprabhatam was offered to the deity in the form of a book and a musical rendition on 18 May 2025. Dr. Chiplunkar, a native of Durga Village in Karkala, Karnataka, dedicated this devotional composition as a tribute to the presiding deity of his birthplace.

The instrumental music for the suprabhātam has been composed by Kumari. B. Sneha Gomathy,



a B.A. Sanskrit student of CVV. She accompanied the rendered of the suprabhatam on the veena in the musical recording.

Additionally, Dr. Nagendra Pavana R. N., from the School of Vedic Knowledge Systems, CVV, contributed to the musical ensemble by accompanying on the flute.

This initiative showcases the devotional spirit behind the suprabhātam and highlights the artistic excellence nurtured at Chinmaya Vishwa Vidyapeeth in its students and faculty.

8th Edition of
UNVEILING INNOVATIONS
Monthly Research Presentation Series

The Research and Development Cell (RDC) organised the 8th edition of the Unveiling Innovation series on 28 May 2025 at 2.30 pm in a hybrid mode.

The objective of this monthly research presentation series is to provide a platform for scholars and faculty to share their ongoing or completed research work, encourage interdisciplinary dialogue, and foster a vibrant research culture within the university. The series aims to promote academic exchange, receive constructive feedback, and inspire innovative thinking among researchers and the wider academic community.

Dr. Avijit Ghosh, Assistant Professor, School of Linguistics & Literary Studies (LLS) started the seminar with a prayer.

The session was started by Ms. Manju Mohan, Ph.D. scholar from the School of LLS with a presentation on 'Ajanta Subanta Generation Using the Paninian Method—A Few Challenges'. The topic covers the decoding of sutras using Python.

The next presentation was delivered by Sri M.Ezhilvannan, Ph.D. Scholar from the School of LLS on the topic 'Value Education Curriculum Concepts for School Children Based on the Valmiki Ramayana'. He discussed the importance of 'values' for everyone, especially children. Also, he explained that these values are described in our grantha and puranas. He highlighted how children can be made to understand values in a simple way using the storytelling technique.

The audience was actively involved in the session, and a fruitful interaction took place.



Shri. Ezhilvannan M.



Ms. Manju Mohan



Hope

Hope is a powerful thing.
Believing in the universe,
When it doesn't seem to be on your side.
Trying to be alive, though something inside you just died.
Thinking, mulling, maybe it could be revived.

It's easy to let go of, tough to hold on,
Like in a tug of war game, you get worn.
But the little ray of sunshine brightens your thoughts,
What if...what if things turn out the way I want.

Hope is a feather that could fly away with the strong breeze,
Mostly I close my fist, and hold onto it fiercely.
Some days though, frustrated with exhaustion, I tend to loosen the grip.
From my hands, it's almost ready to slip.

Surprisingly just when I feel it's gone,
I open my eyes, and there it is, lying quietly in my palm.
Then with a sigh of relief, I pray and rejoice.
This time though, I hold onto it with faith.
Aah, have I finally made my choice?





Ashuti Menon
Manager Policy Development & Implementation

ഒരു നിമിഷം

എനിക്കു മുന്നിൽ അതാ
പടർന്നു പന്തലിച്ചു
കിടക്കുന്നൊരു നീല ജലാശയം.
ഒരു നിമിഷത്തിൽ
ആരുമറിയാതെ അതിന്റെ
അകതലങ്ങളിലേക്ക്
ദീർഘനേരം അവളേയും
കാത്ത് ഞാൻ നോക്കി നിന്നു.
അകമറിയാത്ത അതിന്റെ
അടിത്തട്ടിലേക്ക് നീന്തി
തുടിച്ചിറങ്ങാൻ
ഒരു മോഹം തോന്നിയെങ്കിലും,
മനസ്സിടറാതെ പ്രിയ സഖിയുടെ
വരവിനായി ഞാൻ
അതിന്റെ ഓരങ്ങളിൽ
മൂകമായി കാത്ത് നിന്നു.
ഏകാന്തതയുടെ താഴ്വരയിൽ,
അവശയായി നിന്ന എന്നിലേക്ക്
ഒരു ഇളം കാറ്റായി അവൾ തലോടി.
ആ തലോടലിൽ
ഒരു കുഞ്ഞിനെന്ന പോലെ ഞാൻ ആനന്ദിച്ചു.
പ്രിയ സഖിയുടെ സ്നേഹ ചുംബനങ്ങൾ
എന്നെ വീർപ്പു മുട്ടിച്ചു.
അവളുടെ കരങ്ങളിലേക്ക്
ഞാൻ കുഴഞ്ഞു വീണു.
കരഞ്ഞ് അവശയായ എന്നെ
അവൾ മാറോടു ചേർത്തു.
ചുട്ടുപൊള്ളുന്ന എന്റെ മനസ്സിലേക്ക്
അവൾ ആശ്വാസത്തിന്റെ
നീരുറവകൾ പകർന്നു തന്നു.
അപ്പോഴെക്കും, എന്റെ ദു:ഖങ്ങളെല്ലാം
ഓരോ ചാലുകളായി
ഒഴുകി പോയിരുന്നു.
പ്രിയ സഖിയുടെ സാന്നിധ്യത്താൽ
പ്രയാസങ്ങളെല്ലാം മറന്ന് ഞാൻ
പുതുജീവിതത്തിലേക്ക് തിരിച്ചു കയറി.
അകമറിഞ്ഞ സന്തോഷത്തോടെ ഞങ്ങൾ
പരസ്പരം സ്നേഹത്തോടെ യാത്ര പറഞ്ഞു.
ഓർമ്മകളിൽ ഈ 'ഒരു നിമിഷം'
എന്നും പൂവണിഞ്ഞു നിൽക്കും,
നല്ലൊരു സൗഹൃദത്തിന്റെ ഓർമ്മയ്ക്കായി.



Parvathy Raj
EA to the Dean - Student Affairs

PICTURE OF THE MONTH



A Glimpse of the International Yoga Day Celebrations at the Prajna Pratishthanam Facility

Photo Credit : Harikrishnan M.

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